

third annual Current Topics in SPORTS MEDICINE & CONCUSSIONS 2013

Space is limited
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[CACTIS.org](http://www.CACTIS.org)

March 13, 2013 • Scottsdale, AZ

Dr. Hirsch Handmaker invites you to join the recognized thought leaders and experts in sports medicine at the **Third Annual Current Topics in Sports Medicine Symposium** in Scottsdale, AZ, at The Scottsdale Plaza Hotel.

2013 Symposium Includes

Lewis Yocum, M.D.

Kerlan Jobe Orthopaedic Clinic
Team Physician, California Angeles
Los Angeles, CA

Steve Erickson, M.D.

Banner Concussion Clinic
Medical Director
Major League Umpire Medical Service
Phoenix, AZ

Michael Collins, Ph.D.

Associate Professor, UPMC Department of Orthopaedic Surgery
Department of Neurological Surgery
Director, UPMC Sports Medicine Concussion Program
Pittsburgh, PA

Bridgett Wallace PT, DPT

President, 360° Balance
President/Co-Founder, Concussion Health
Austin, TX

Grants and funding for this conference are provided through



Registration Includes:

Morning and Afternoon Concussions Sessions

presented by ImPACT and The CACTIS Foundation

Also available at NO CHARGE for primary care physicians, ATC's and other specialists managing sports injuries and osteoarthritis.

Evening Educational Program with Dinner In conjunction Össur Americas

A separate RSVP is required for attendance. Please RSVP by March 11th to Joli Brooks of Össur at jbrooks@ossur.com.

Accreditation:

CME (American Academy of Family Practice) — Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

CE—Nursing — Application for CME credit has been filed with the California Board of Registered Nursing. Determination of credit is pending.

Athletic Trainers — may qualify for up to 6 Category D continuing education hours. Please consult with the Board of Certification for continuing education requirements.

CE—Optometry — Application for CME credit will be filed with COPE. Determination of credit is pending.

ONLY \$95⁰⁰ FOR BOTH CONCUSSIONS 2013 SESSIONS

Or

No charge for Residents, Fellows and Healthcare professionals in training

For hotel reservations:
We recommend using kayak.com or bookit.com which can offer accommodations at the Scottsdale Plaza Hotel or nearby comparable properties

CACTIS FOUNDATION

Informatics / Imagenomics / Innovation



Conquering Concussions is a CACTIS program to educate young athletes about the risks of concussion, proper techniques to reduce them and their long term effects.

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third annual
**Current Topics in
 SPORTS MEDICINE &
 CONCUSSIONS 2013**

March 13, 2013

ImPACT Session

Michael Collins, Ph.D.

Associate Professor, UPMC Department of Orthopaedic Surgery
 Department of Neurological Surgery
 Director, UPMC Sports Medicine Concussion Program
 Pittsburgh, PA

7:15 am **Registration**

7:55 am **Welcome:**
Hirsch Handmaker, M.D.
 Chairman and CEO, The CACTIS Foundation

8:00 am **General Session:** Overview, Brief Description

8:10 am **Concussion 101:** Biomechanics Pathophysiology, Topic of Concern

8:45 am **Basic Psychometric Data, Research & Recovery Rates from Sports Concussion:**
 What are we learning?

10:00 am **Break**

10:15 am **Keys to Clinical Interpretation**

10:45 am **Clinical Model for Concussion Management:**
 -Clinical Interview
 -Vestibular Screening (brief review)
 -Neurocognitive Testing

11:30 am **Case Presentations**

12:30 am **Adjournment/Lunch**

Current Approaches to Baseline and RTP Testing for Concussions for Athletes and other At-Risk Populations

1:40 pm **Introduction:** **Hirsch Handmaker, M.D.**
 Chairman and CEO, The CACTIS Foundation

1:45 pm **mTBI Baseline Assessments for Athletes and Officials – An Overview:**
Steve Erickson, M.D., Medical Director, Major League Baseball Umpire Medical Services; Banner Concussion Clinic, Phoenix, AZ

2:30 pm **Vestibular, Balance and Oculomotor Assessments in mTBI Patients:**
Bridgett Wallace, PT, DPT; President, 360° Balance and President/co-founder, Concussion Health, Austin, TX

3:15 pm **The Return to Play Decision - Current Guidelines, Practical Considerations and Getting to Ideal Practices:**
Hirsch Handmaker, M.D., Chairman and CEO, The CACTIS Foundation

4:30 pm **Concussions 2013 – What we know**
Michael Collins, Ph.D., Associate Professor, UPMC. Department of Orthopaedic Surgery/ Department of Neurological Surgery; Director, UPMC Sports Medicine Concussion Program, Pittsburgh, PA

5:00 pm **Panel:** Liability and Other Legal Issues Surrounding the Management and Treatment of mTBI Patients of all Ages

Travis Leach, JD Ballard Spar LLP
 (Moderator)

5:30 pm **Adjournment**

Current Topics in Sports Medicine

5:30 pm: Registration/Cocktails

6:00 pm **Welcome; Introductions**
Lew Yocum, MD
 Kerlan Jobe Orthopedic Clinic
 Team Physician, California Angels
 Los Angeles, CA
Marjorie J. Albohm, MS, ATC
 Director, Össur Academy

6:15 pm **Dinner**

7:00 pm **The Throwing Shoulder – Diagnosis & Treatment**
Adam Farber, MD
 Orthopedic Surgeon, Arizona Orthopedic Surgical Specialists
 Chandler, AZ

7:20 pm **Evaluation and Management of Ulnar Collateral Ligament Injuries in the Elbow**
Lew Yocum, MD
 Kerlan Jobe Orthopedic Clinic
 Team Physician, California Angels
 Los Angeles, CA

7:40 pm **The Conservative Management of Knee OA**
Daniel Aschenbrener, DO
 Orthopaedic Surgeon, Banner Health
 Gilbert, AZ

8:00 pm **What Research is Saying About OA Bracing**
Marjorie J. Albohm, MS, ATC
 Director, Össur Academy

8:15 pm **The Increasing Prevalence of Hip Injuries in Athletes**
Shane Nho, MD
 Orthopaedic Surgeon, Midwest Orthopedic at Rush Medical Center
 Chicago, IL

8:40 pm **Rehab for the Baseball Hip Arthroscopy Patient**
Philip Malloy, MS, PT, SCS
 Consultant, Midwest Orthopedic at Rush Medical Center
 Chicago, IL

9:00 pm **PRP: Current Status and Newer Indications**
John Komar, MD
 Medical Director, Southwest Spine and Sports
 Scottsdale, AZ

9:20 pm **Q&A**

9:45 pm **Adjournment**

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