



**Mayor Jonathan Rothschild Cordially Invites You To A
Town Hall Meeting on National Concussion Awareness Day**

Friday, September 20th, 2019

2:00 - 4:00 PM

"Concussions: More than Football"

A Town Hall Meeting About Concussions in Society: A Silent Epidemic

Welcome and Introduction: Mayor Jonathan Rothschild

Featured Speaker: Eve Valera, PhD

Director, Laboratory for Cerebellar Psychiatric Research. Clinical and Research Programs in Pediatric Psychopharmacology and Psychiatric Neuroscience Divisions, Department of Psychiatry, Assistant Professor in Psychiatry, Harvard Medical School

***"Increasing Our Understanding of an Overlooked Public Health Epidemic:
Traumatic Brain Injuries in Women Subjected to Intimate Partner Violence"***

An open, informal discussion will follow with Arizona experts and interested parties to empower health care providers, educators, first responders, law enforcement, administrators and the public with information to make informed decisions about concussions. The discussion will include:

- Who is at risk – the facts
- Diagnosis - What is a concussion and how is it confirmed?
- Management – "Best Practices":
 - Beyond rest, how to speed recovery and avoid long-term consequences?
- Education - Where can I find reliable information?
- Baseline Testing - Why is it necessary for a young athlete's well being?

With public health and the quality of life for all those affected as our motivation, attendees will appreciate the magnitude of the problem, underappreciated vulnerable populations, and strategies and guidelines to reduce or eliminate the long-term consequences of concussion.

Brief comments will be offered by recognized experts and knowledgeable observers, followed by an open question- and-answer session.

When?
Friday
September 20th, 2019

2:00 – 4:00 pm

Where?
The Tucson J
3800 E. River Road

Light refreshments will be served

The Panel:

Moderator: Hirsch Handmaker, MD - Chairman and CEO, The CACTIS Foundation

Francisco García, MD, MPH - Director & Chief Medical Officer, Pima County Health Department

Eve Valera, PhD - Assistant Professor in Psychiatry, Harvard Medical School

Mo Mortazavi, MD - Director, SPARCC Sports Medicine, Rehabilitation & Concussion Center

Randy Cohen, ATC, DPT - Assoc Director of Athletics. Cats Medical Services, University of Arizona

Carrie Borgen, CPA - Executive Director, Sojourner Center, Phoenix, Arizona